Ultrasound guided intervention

Uppsala 2013-09-05
Anders Nilsson
Akademiska Sjukhuset, Uppsala

General Issues

• Well known intervention used in most departments. Nothing new.





Why ultrasound (why not)??

- Realtime you see what is happening as it happens (breathing, movement etc.)
- Good image resolution (spatial, contrast and temporal)
- Available
- Fast
- Cheap
- Easy

FNAC vs. Core needle biopsy

• Core 2 +1,6 mm (native kidney)

• "Middle" needle = 1,2 mm (most other things, eg. focal lesions)

• Fine needle <1mm (same, local traditions)

Should we use FNAC or core needle biopsy?

• Yes!!!

Results, safety

• Failed in about 10% (cheap and not very time consuming to repeat)

Most common reason is a necrotic area

• Complications 1% (this includes seeding but apart from needle tract difficult to know)

Technical problems

•Can't see through gas and bone (in abdomen not as common as most people think – you will only lose time if you try)

•Fatty tissue will distort the image and decrease penetration

Sound reflected away from the transducer



Moose hunt principle!!



Needle guide or not?

- Using guide is the most common way in Scandinavia.
- Better access is the usual reason give for free hand technique

Drainages

- Same principle
- Good accuracy and less complications than "blind" procedures.
- More accessible than other metods
- One-step, up to 10F (14F)

Sedation?

FNAC-no

General anaestesia for:

Children

Core needle - local

People who demand

General sedation?

Preocedures that really hurts (eg. ablations)

Contrast?

Native if possible

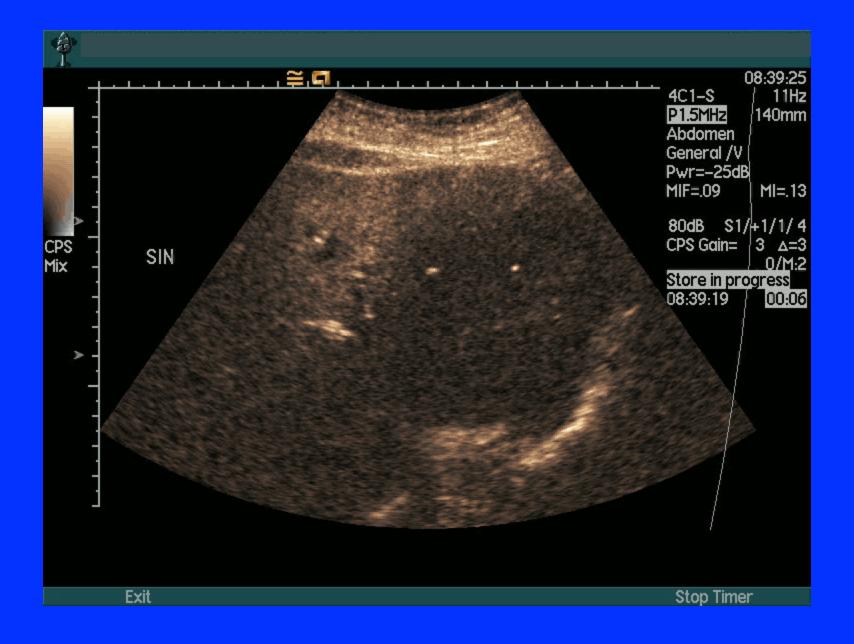
• Arterial phase – usually at lest 20 sec

• Late phase – plenty of time

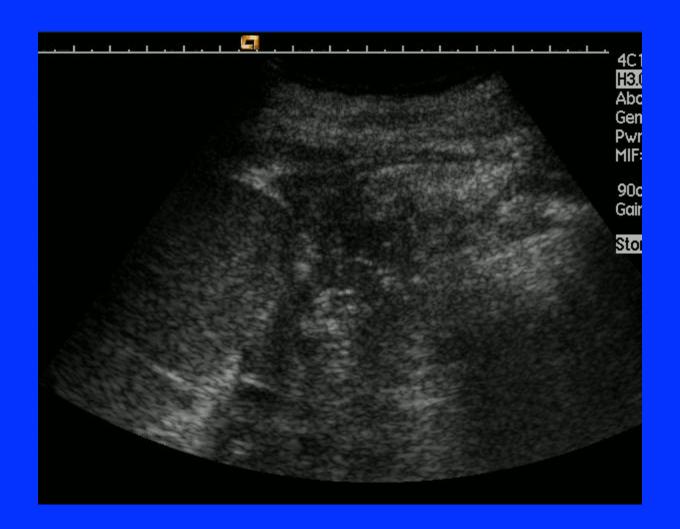
Not only i.v.



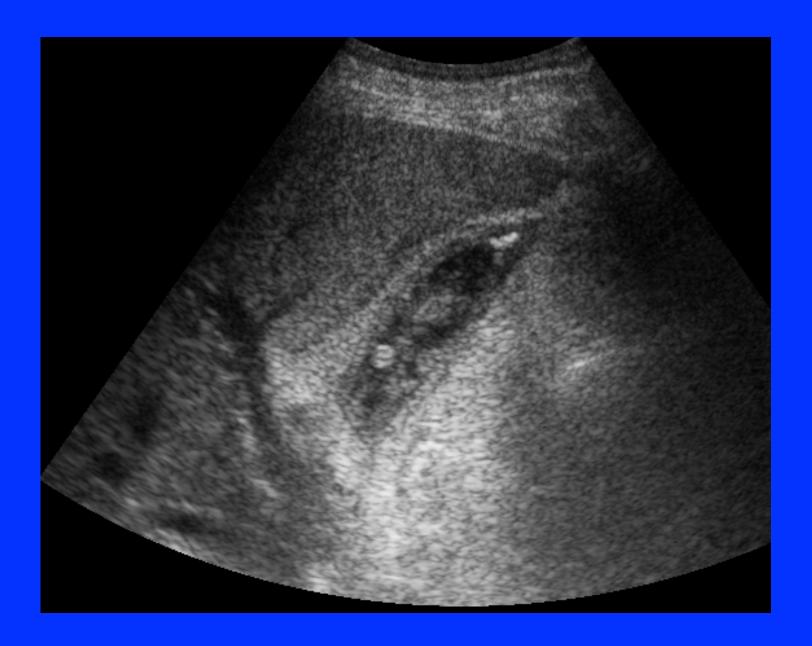


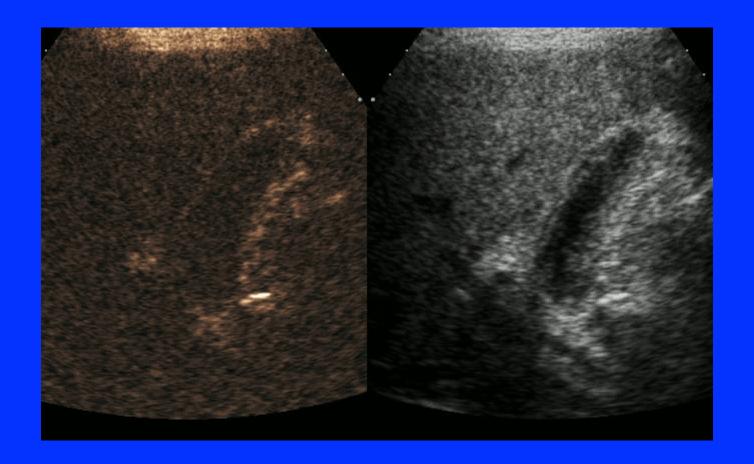










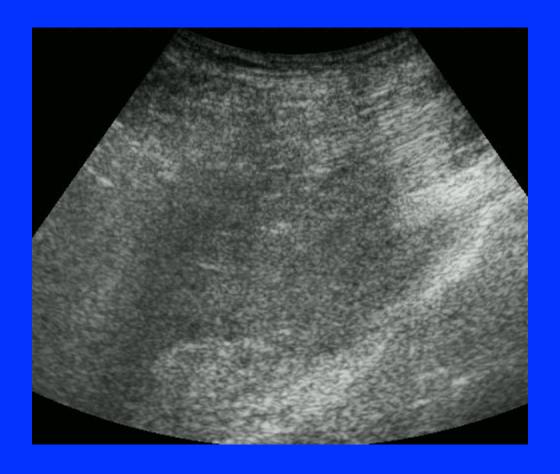


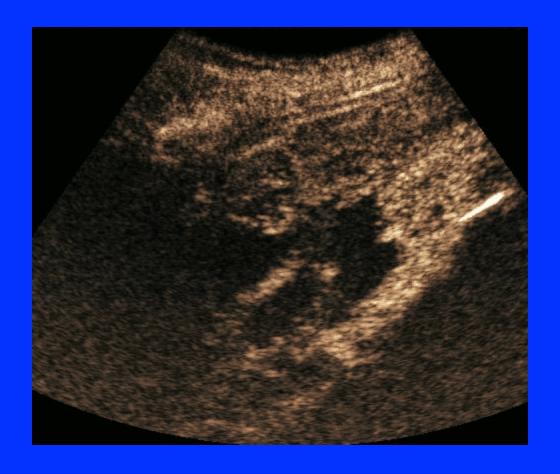
Gallbladder?

Any way you want

but.....

be as certain as you can that it really is a cholecystitis



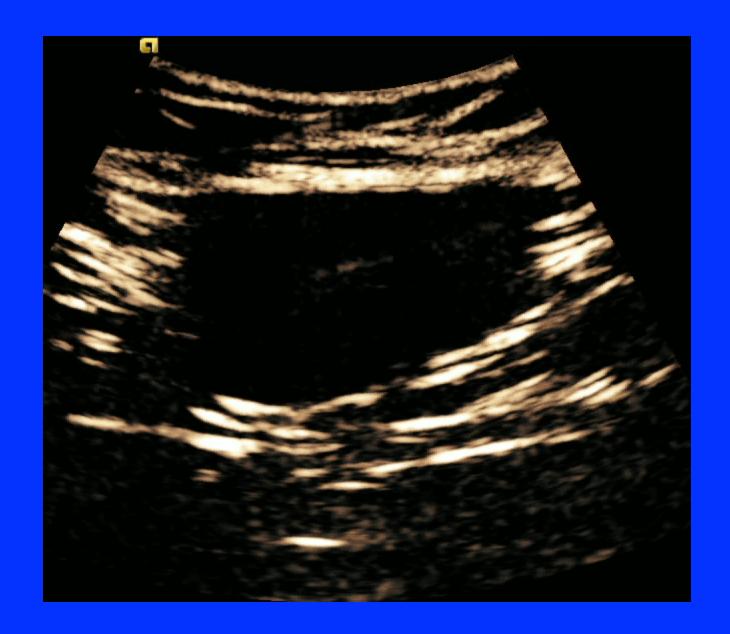




Outside the abdomen

- Same principles
- Be sure it is what you think it is.
- Ultrasound can be used whenever the lesion isn't surrounded by gas
- Lower thorax and upper abdomen it may be an advantage to have the needle passage caudally to the transducer





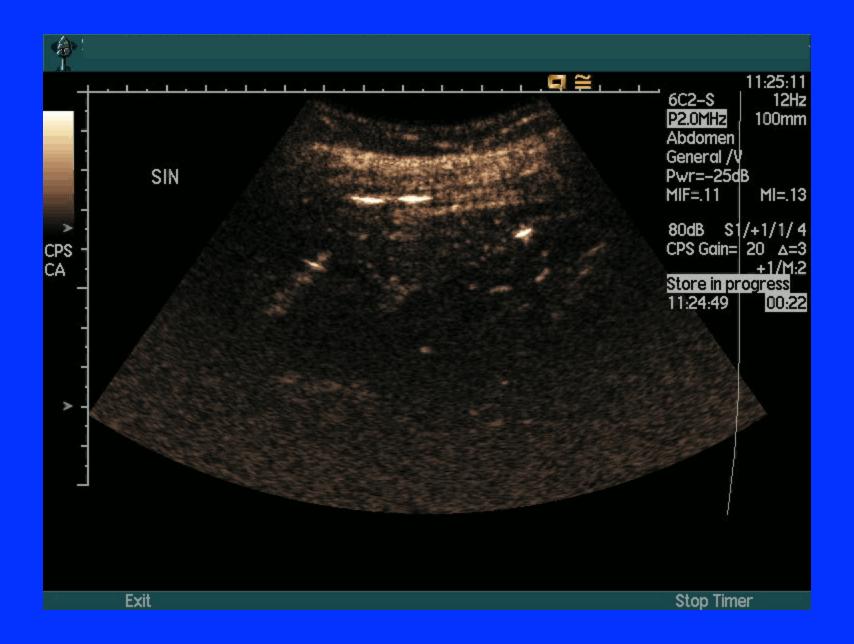
Other types of intervention

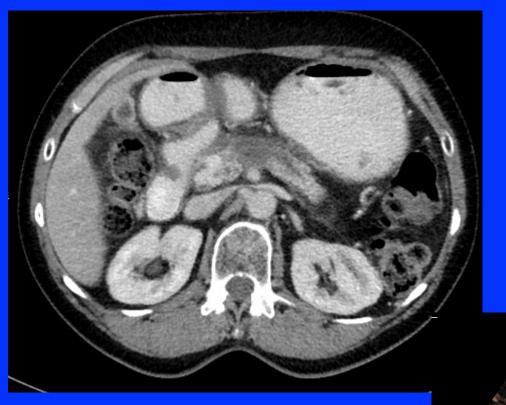
• "Moose hunt" principle applies













What can be done with ultrasound, should be done with ultrasound

("Moose hunt" principle)

